

NB Career Surf e-Newsletter February 10, 2010

The Career Surf e-newsletter is established to provide information and resources for students, parents, guidance counsellors and those interested in staying up-to-date on news and events on career planning, career resources, NB labour market, scholarships, success stories, etc. Please feel free to forward to others and encourage them to subscribe!

BE INVOLVED, SEND US YOUR NEWS! If you know of any news or events/workshops that are happening in your area or perhaps you came across a great website or resource that you'd like to share – email it to us at cs-info-nc@gnb.ca! Join our [Facebook Group](#)!



New Brunswick Youth Career Connections Program

Each year students completing Grade 10 and 11 have a great opportunity to participate in the New Brunswick Youth Career Connections Program (NBYCC). NBYCC represents an innovative approach of preparing youth for future employment interests, opportunities and challenges in a rapidly changing and global economy. Students chosen to become part of this program will gain “hands on” paid work experience and expand their knowledge of essential employability skills. This program operates outside the regular school time frame and reflects a multi-level, collaborative partnership involving secondary and post-secondary educational institutions, government, business organizations and New Brunswick employers.



Students in School Districts 6, 8, 10 and 17 gather at the University of New Brunswick, Saint John campus, for a 4-day camp in late June to begin the employability skills training. Through interactive, lively and informative sessions, students gain knowledge and skills that will assist them when they start their paid work experiences. Pictured are some of the students from the 2008 and 2009 program.

NBYCC district coordinators are currently in the planning stages for the 2010 program and will be promoting the program to students in the spring. Coordinators look forward to a successful year and encourage students to get involved in a program that offers unique employment and skills opportunities!

EVENTS, NOTICES, RESOURCES

- **JobsTVnews.com** – Feature Video – [Junior Biologist \(1 min. 13 sec.\)](#)
- [Wage Gap Action Plan Scholarships](#) - Deadline is May 31!
- [Bell Aliant Pioneers of New Brunswick Scholarship Foundation](#)
- You may be eligible for \$20,000 cash back on your tuition costs! Visit [New Brunswick tuition rebate](#) to learn more.
- [Student Employment Experience Development \(SEED\)](#)
- **Dialogue New Brunswick Scholarship** - Deadline: Thursday, April 22, 2010 - www.dialoguenb.org
- **EDC International Business Scholarship Program** - www.edc.ca/scholarships
- Are you looking to develop a great idea, take action, and involve other young people? Learn more about the Youth Engagement Funding Program, visit www.gnb.ca/population
- [The Working in Canada Tool](#) - This tool will help you identify your occupation in Canada and provide you with a detailed labour market information report (containing job duties, skill requirements, wage rates, etc.) for a chosen location in Canada.
- Looking for career opportunities in New Brunswick? Visit www.nbjobs.ca today!
- [NB Career Surf website](#) – Explore *all* of your career options - plan for your career!

Career Profile: Chefs (NOC 6241)

This unit group includes various types of chefs who plan and direct food preparation and cooking activities and who prepare and cook meals and specialty foods. They are employed in restaurants, hotels, hospitals and other health care institutions, central food commissaries, clubs and similar establishments, and on ships.

Example Titles: chef; chef de cuisine; chef de partie; corporate chef; executive chef; executive sous-chef; head chef; master chef; pastry chef; saucier; sous-chef; specialist chef.

Main duties

Executive chefs perform some or all of the following duties:

- Plan and direct food preparation and cooking activities of several restaurants in an establishment,

restaurant chains, hospitals or other establishments with food services

- Consult with clients regarding weddings, banquets and specialty functions
- Plan menus and ensure food meets quality standards
- Estimate food requirements and may estimate food and labour costs
- Supervise activities of sous-chefs, specialist chefs, chefs and cooks
- Arrange for equipment purchases and repairs
- Recruit and hire staff
- May prepare and cook food on a regular basis, or for special guests or functions

Sous-chefs perform some or all of the following duties:

- Supervise activities of specialist chefs, chefs, cooks and other kitchen workers
- Demonstrate new cooking techniques and new equipment to cooking staff
- May plan menus and requisition food and kitchen supplies
- May prepare and cook meals or specialty foods.

Chefs and specialist chefs perform some or all of the following duties:

- Prepare and cook complete meals or specialty foods, such as pastries, sauces, soups, salads, vegetables and meat, poultry and fish dishes, and create decorative food displays for special events such as banquets
- Instruct cooks in preparation, cooking, garnishing and presentation of food
- Create new recipes
- Supervise cooks and other kitchen staff
- May plan menus
- May requisition food and kitchen supplies.

Employment requirements

- Completion of secondary school is usually required.
- Cook's trade certification, which is available in all provinces and territories, or equivalent credentials, training and experience, are required.
- Executive chefs usually require management training and several years of experience in commercial food preparation, including two years in a supervisory capacity *and* Experience as a sous-chef, specialist chef or chef.
- Sous-chefs, specialist chefs and chefs usually require several years of experience in commercial food preparation.
- Interprovincial trade certification (Red Seal) for cooks is also available to qualified chefs.
- Chef de cuisine certification, administered by the Canadian Culinary Institute of the Canadian Federation of Chefs and Cooks (CFCC), is available to qualified chefs.

According to Job Futures the hourly wages for *Chefs* is \$13.71. (Source: [Job Futures](#))

Explore more occupations online at the [National Occupational Classification!](#)

Source: National Occupational Classification

Did you know?

The Department of Post Secondary Education, Training and Labour has partnered with School Districts 6 and 8 to provide career resources to students and the community. The Work Room Career Resource Centres are located in 4 high schools in Southwest New Brunswick; Kennebecasis Valley High School, Belleisle Regional High School, Sussex Regional High School and Simonds High School.

The Work Rooms offer a large variety of services to the public, free of charge!

- PACE (Plan to Achieve Career Excellence) is a 5 step career planning tool designed to help you research, build and maintain your career plan. (For more information visit www.setyourownpace.org)
- Internet access for job search, resume writing and career research
- Multimedia career planning tools
- Publications and multimedia information on post-secondary training opportunities
- One-on-one consultation to help you find the answers you are looking for
- Free workshops and special training events
- Networking opportunities with local businesses, government and community service groups

For more information visit online at: www.careersthatwork.ca

Take Our Kids to Work Day at Blackville School

Written by Melanie Sobey

On November 4th, 2009, Grade 9 students at Blackville School participated in the annual "Take Our Kids to Work Day" (TOKW). TOKW is a program that allows grade 9 students from all across Canada the opportunity to shadow a parent, relative, or volunteer in their workplace for the day.

TOKW allows students to make connections between what they are doing in the classroom to the world of work and to help them begin the difficult decision making process about their own future career aspirations.

TOKW is an anticipated event for grade 9 students, and each year Blackville School aims for 100% participation rate. Students who cannot find work placements on their own are given local options that have been prearranged through the guidance office. This way all students can participate in TOKW and the follow up activities and discussions that are done in the classroom. This year the students at Blackville School had the opportunity to work in a wide range of workplaces throughout the community. Some of these workplaces included a daycare, a grocery store, local restaurants, and a recycling facility.

Blackville School Grade 9 student Nicole Sullivan, who shadowed at Pai-can Recycling, said, "I was surprised at the amount of hard work involved and I would love the chance to go back and work there again." Marissa Donahue worked at the local Valu Foods grocery store and said "TOKW is a great opportunity to show students what job options are out there." Although Marissa did not feel that she would pursue a long term career at the grocery store, she did indicate that she would really like to work there part-time next year to earn some money for college. Grade 12 student Dolan Brophy covered the event for the school newspaper (The Blackville Talon) and was able to capture photos of several students in their workplaces. The following is a link to the article and more photos: <http://theblackvilletalon.blogspot.com/2009/11/recyclin-we-will-go.html>

TOKW is an anticipated event at Blackville School, and the grade 8 students are already making plans for where they will shadow next year when Take Our Kids to Work Day is held on November 3rd, 2010. For more information go to www.thelearningpartnership.ca

Record percentage of NBCC/CCNB graduates employed in N.B.

The percentage of employed community college graduates who found work in New Brunswick reached a record high in 2009.

Ninety-four per cent of employed graduates from the New Brunswick Community College (NBCC) / Collège communautaire du Nouveau-Brunswick (CCNB) found work in New Brunswick last year, up four percentage points from the previous year.

"I am pleased to see record numbers of graduates finding employment in New Brunswick," said Post-Secondary Education, Training and Labour Minister Donald Arseneault. "These results are a testament to the excellent level of instruction delivered at our community colleges."

"The survey serves as an excellent tool for students considering the program offerings at NBCC/CCNB and can be an important part of their decision-making," said Arseneault.

Read full article online: <http://www.gnb.ca/cnb/news/pet/2010e0083pe.htm>

Helping the career cause in Quispamsis

Published in KV Style, By Candice MacLean, Friday January 22nd, 2010.

When it comes to career planning and decision making, the co-ordinator of a job resource centre in Quispamsis says people have more to offer than they think.

"It's hard sometimes for people to recognize skills they have acquired from past experiences," says Natalie Thomson, seated at a table in The Work Room. "A lot of times if people have a job title they're looking for that title again and they don't see that everything they've done in that job could lead to 150 other job titles that they might be really great at but they've got the blinders on."

Thomson, co-ordinator at the career resource centre, says part of her job is to open the eyes of people who may think their skills are limited.

Read full article online: <http://kvstyle.canadaeast.com/search/article/928192> (English only)

Lt.-Gov. speaks to youth

Published Saturday January 23rd, 2010, Times & Transcript (B5), By Yvon Gauvin.

If we do not help one another, if we do not speak out for change, what will happen to us, New Brunswick Lieutenant-Governor Graydon Nicholas asked about 100 aboriginal youths in Moncton last night for a three-day youth conference called YouthLink.

Education is the path to success, he said. Use education, new tools and learned skills to promote your rights and identity, and make the community proud once again, Nicholas told the crowd.

The conference is hosted by the Mi'kmaq Maliseet Atlantic Youth Conference and is entitled Accessing Post-Secondary Opportunities: Leading Change in Education for First Nation Youth.

The event, which includes workshops, is also hosting a post-secondary education fair with more than a dozen universities and colleges represented.

Read full article online: <http://timestranscript.canadaeast.com/search/article/930466> (english only)

Pedorthists perform fancy footwork

Published Saturday January 23rd, 2010, By DOUG WATLING For The Daily Gleaner (D1)

So, what's a pedorthist, anyway?

As Jonathan Robinson of Able Orthotics Ltd. says, "Nobody has ever heard of a pedorthist until they need one."

Robinson should know what he's talking about.

He's one of only 15 pedorthists currently practicing in New Brunswick.

Briefly put, a pedorthist is a health-care professional who specializes in "the assessment, fabrication and fitting of footwear and orthotics."

That description comes from Daniel Box, a certified Canadian pedorthist - C Ped (C) - who owns and operates InStep Orthotics in Fredericton.

Pedorthists work closely with physicians, who refer patients to a pedorthist when they feel that custom footwear can alleviate pain and improve a patient's quality of life.

"Basically, we're helping people with mobility challenges get mobile again," says Robinson.

Read full article online: <http://nbbusinessjournal.canadaeast.com/gleaner/article/930331> (english only)

DID YOU KNOW?

Tourism industries accounted for 1.7 million jobs in 2007, about 10% of the 17.1 million jobs in the economy that year.

Source: [Canadian Tourism Human Resource Council \(CTHRC\)](#)

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