

Health ADVICE - *Issued by the Chief Medical Officer of Health*

Pandemic (H1N1) 2009 / Seasonal Flu

If you are presently experiencing the following symptoms:

Fever and cough, and one or more of:
sore throat,
body aches and
fatigue,

Please isolate yourself from others until symptom free and feeling well.

If you are sick enough that you would normally contact your health-care provider, please do so.

If you are not sick enough that you would normally contact your health-care provider, please isolate yourself from others.

Thank you for helping New Brunswick's businesses take precautions during the pandemic.