

LivingWorks Education Training programs offered in NB through DOH Suicide Prevention Program:

## **ASIST: Applied Suicide Intervention Skills Training**

The ASIST workshop is for caregivers who want to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide. Over 750,000 caregivers have participated in this two-day, highly interactive, practical, practice-oriented workshop.

## **safeTALK: suicide alertness for everyone**

Complementing ASIST, safeTALK helps to create suicide-safer communities. safeTALK is a 2.5–3.5 hour training for everyone in the community designed to ensure that persons with thoughts of suicide are connected to helpers who are prepared to provide first aid interventions. safeTALK is designed to be used in organizations and communities where there are already ASIST-trained caregivers. **Suicide alert helpers are part of a suicide-safer community.**

## **suicideTALK: An exploration in suicide awareness**

suicideTALK is a 1.5- to 2-hour exploration in suicide awareness. Organized around the question, "Should we talk about suicide?" it provides a structure in which session members can safely explore some of the most challenging attitudinal issues about suicide, and encourages every member to find a part that they can play in preventing suicide.

suicideTALK should only be presented by those who have received intervention skills training through a program like ASIST or its equivalent. The Session Leader Kit consists of a manual, slides and handouts.

[www.livingworks.net](http://www.livingworks.net)

<b>DATE</b>	<b>LANGUAGE</b>	<b>REGION</b>	<b>CONTACT</b>	<b>COST</b>
January 12 - 13, 2009	French	Bathurst	Odette Arseneau 506-547-2919 or <a href="mailto:odette.arseneau@gnb.ca">odette.arseneau@gnb.ca</a>	\$150 \$100 for Students
January 13 - 14, 2009	English	Fredericton	Dawn Maskill 506-458-1803 <a href="mailto:cmhafo@nb.aibn.com">cmhafo@nb.aibn.com</a>	\$150 \$100 for Students
January 22 - 23,	English	Fredericton	Dawn Maskill 506-458-1803	\$150

2009			<a href="mailto:cmhafo@nb.aibn.com">cmhafo@nb.aibn.com</a>	\$100 for Students
January 30 - 31, 2009	English	Fredericton	Dawn Maskill 506-458-1803 <a href="mailto:cmhafo@nb.aibn.com">cmhafo@nb.aibn.com</a>	\$150 \$100 for Students
February 5 - 6, 2009	French	Edmundston	Andrée Rossignol 506-473-7520 <a href="mailto:andree.rossignol@rrs4.ca">andree.rossignol@rrs4.ca</a> or Lynn Young 506-739-2375 <a href="mailto:lynn.young@rrs4.ca">lynn.young@rrs4.ca</a>	\$150 \$125 Non Profit \$100 Students
February 12 - 13, 2009	English	Fredericton	Dawn Maskill 506-458-1803 <a href="mailto:cmhafo@nb.aibn.com">cmhafo@nb.aibn.com</a>	\$150 \$100 for Students
April 16-17	English	Saint John	Paula Morrow 506-658-3154 <a href="mailto:Paula.morrow@gnb.ca">Paula.morrow@gnb.ca</a>	\$150 \$100 for Students