

## H1N1 Vaccine - Possible Side Effects

### What can you expect after getting the pandemic H1N1 influenza vaccine?

- Redness, discomfort, and swelling at the injection site that may last for a few days.
- Fever, fatigue and muscle aches that may last for up to two days.
- As is the case with any vaccine, there is an extremely small chance that a more serious reaction can occur.

Persons are asked to remain on site for at least **15 minutes** after the vaccine is given so that possible reactions can be monitored.

### What can you do if you get a reaction to the pandemic H1N1 influenza vaccine?

- A cold compress on the injection site may reduce discomfort.
- You may take or give your child acetaminophen or ibuprofen (e.g., Tylenol or Advil) for discomfort and fever. *Aspirin (ASA) should NOT be given to children younger than 18 due to its link to Reye's Syndrome*
- Seek medical advice at once if you or your child experiences a more serious reaction including breathing difficulties, seizure or loss of consciousness.

Report any serious side effects that occur in the four weeks following immunization to your local Public Health Office.

### For more information, you may contact:

- Your immunization provider
- Telecare at 1 800 580-0038
- Or visit the Government of New Brunswick website at [www.gnb.ca/flu](http://www.gnb.ca/flu)